

Prep School Co-Curricular Clubs and Activities 2023-24



SOLIHULL



A M B I T I O N - O P P O R T U N I T Y - C O M M U N I T Y

Prep School Co-Curricular Clubs and Activities 2023-24



SOLIHULL



music

This booklet will enable you and your child to see the clubs and activities currently planned in the Preparatory School for the year 2023-24. Further changes and additions may be made over the course of the year.

As part of the co-curricular program in the Preparatory School, we aim for the children to not only develop their skills and interests in new areas, but also to have fun with their peers. With a wonderful team of staff helping to run the activities, we pride ourselves on knowing the pupils, and helping them to get the best out of these sessions. You will note that there is a gradual increase in the number of sessions and clubs available from Reception-J4. This is to reflect new interests that may develop, but also to help scaffold an age-appropriate range of activities for pupils to engage in. Balance is always key, and the number of activities that any pupil engages in should be measured by how much they enjoy taking part and the skills that they are developing, rather than volume. Our aim throughout our 3-18 co-curricular program is to remain values driven and to also try and ensure that pupils find joy in what they do, adding to their positive and fulfilling experience of Preparatory School life.

arts & drama

Parents should note that whilst we endeavour to provide some consistency to the type of activities we offer, we do not guarantee to run any club indefinitely or as part of a wider course. This is particularly relevant for the activities provided by external coaches/companies. At times, we may also need to change the day on which an activity or club is offered from term to term, or the year group it is offered to, to ensure a good spread of activities for pupils or for provider's convenience.

Sign up for the activities themselves is accessed via the Parent Portal, and by clicking on the SOCS and Co-Curricular Activities icon on the right-hand side. This will take you to SOCS (Schools Online Communication System), which is the platform that we manage all our co-curricular activities on. Here you will be able to view the activities relevant to your child's year group as well as further details regarding specific days and times. Please see further details regarding Wraparound Care at Solihull below, which is also available to book throughout the week.

sport

Sign up details and then confirmation of activity choices will be communicated to parents prior to the start of every term where possible. Where a club is oversubscribed, we will make every effort to ensure that pupils are given opportunities to either join another activity, or to join in another term.

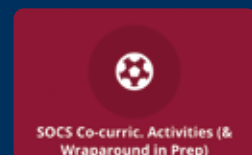
Should you have any questions regarding sign up or access to SOCS please contact co-curricular@solsch.org.uk

Mrs H Fair
Assistant Head (Co-Curricular)
fairh@solsch.org.uk

WRAPAROUND CARE*

Wraparound Care is a thriving activity at Solihull Preparatory School. Before school, children have a wide variety of hot and cold breakfast options to choose from and the opportunity to spend time with friends playing games and colouring. After school, they enjoy time with their friends outside, playing sports, choosing from our wide range of games, craft activities and colouring. Support is also available for prep work. Once a week, the Junior aged children have the opportunity to participate in a Zentangle art session led by one of the Wraparound Care team. All children, frequently help to design and produce artwork for the fabulous display boards around school, linking in with some of the EYFS themes. Tea is a particular favourite amongst the children, with the catering team providing a hot meal, or sandwiches and salads, every afternoon. Further details about booking and payment can be found on the school website, or by emailing Mrs A O'Leary, our Wraparound Care Manager, wraparound@solsch.org.uk

other clubs



music

Brass Band
Chamber Music
Chapel Choir
Clarinet Ensemble
Flute Choir
Guitar Ensemble
Junior Singers
Music Aural Training
Music Theory Club
Percussion Ensemble
Samba Band
Scuffle Singers
String Orchestra
Wind Band

arts & drama

Ace Club
Arts and Crafts
Ballet*
Dance*
Knit and Natter
Performing Arts
Photography
Theatre Design

sport

Athletics (Summer Term)
Canoe Club* (Summer Term)
Cricket (Summer Term)
Cross Country and Running
Emerging Swimmers
Football
Gymnastics Squad*
Hockey
Netball
Rounders (Summer Term)
Rugby
Rugby tots*
Running Club/Cross Country
Self Defence*
Ski Team*
Stretch and Yoga
Swimming (Summer Term)
Swim Club
Swim Squad
Tag Rugby
Tennis*
Tennis Racquet Skills

other clubs

Baking
Bingo
Board Games
Book and Biscuit
Chess*
Coding
Computer
Construction and Craft
Craft and Cookery
Debating
Drawing
DT
Eco Council
Explorers
Forest School
Gardening
History
International Schools Committee

Language and Culture
Lego and Coding
Lego and Construction
Maths Puzzle
Mindfulness
Mini Movement
Puzzle
Reading and Biscuit
Roots and Shoots
School Council
Science
Spanish
STEAM

ALICE HOUSE

Reception, I1 and I2

Clubs and Activities

Arts and Crafts

I1 & I2

Fun activities that allow pupils to explore their creative side.

Baking

I1

Pupils are supported in the making of a variety of sweet and savoury dishes as well as being taste-testers! As the Baking Club is popular, the children may need to be split into smaller groups and will therefore have half a term of sessions. This will be confirmed once places are allocated.

Ballet*

Reception & I1

Dance is offered by an external specialist, Miss Jackie Clarke, at an additional cost. Ballet is currently offered in Reception and I1 to pupils who have the opportunity to learn the basic principles of the discipline.

Bingo

I1

A club where pupils enjoy fun games of Bingo, and a chance to develop their numeracy skills.

Board Games

I2

Pupils can take part in a range of different board games. These help to develop skills such as independence, problem solving, analysis, communication and teamwork.





Book and Biscuit

I1 & I2

Pupils can read independently and/or with support, as well as discuss themes within the book to develop and encourage understanding and enjoy a biscuit or two in the process!

Computing

I2

Computing Club offers pupils an additional opportunity to use technology in ways that will support and extend the learning taking place during curriculum time.

Construction and Craft

I1

Pupils use a range of materials and resources to make and construct a variety of items. They are encouraged to be creative and independent thinkers. Problem-solving and communication skills are also developed.

ALICE HOUSE

Reception, I1 and I2

Clubs and Activities

Craft and Cookery

I2

Children are able to design, construct, make and decorate a range of things. Different resources and materials will be used and pupils explore their imaginative and creative sides. Pupils are also supported in making a variety of sweet and savoury dishes as well as being taste-testers!

Dance*

I1 & I2

Dance is offered by an external specialist at an additional cost. I2 pupils learn different genres of Dance, with aspects of fundamental movement skills developed during the programme.

Drawing

I1

Drawing Club allows pupils to develop their artistic and creative skills.

Explorers

Reception

An opportunity for pupils to develop and explore their interests both indoors and outdoors through supervised activities. The club is popular, so a session is run after school twice a week to enable children to attend one, should this be something that they enjoy.





ALICE HOUSE

Reception, I1 and I2

Clubs and Activities

Puzzle

I1

Pupils can develop their numeracy, literacy and team work skills while having fun solving puzzles!

Football

I2

Pupils can develop the fundamental skills and techniques of the game and apply these in fun practices and small sided games.

Lego and Construction

I1

Pupils have an opportunity to develop their construction skills using Lego. It should inspire creativity, encourage problem solving and facilitate team work!

Language and Culture

I2

Pupils can explore and extend their knowledge of Spanish language and culture through a variety of activities. Conversational skills and vocabulary are introduced that build on the content from lessons. This will be running later in the year through the Easter and summer terms.

Mindfulness

I2

Mindfulness provides an opportunity to stop, reflect and learn some different mindful practices.

Mini Movement

I1 & I2

Pupils are offered a variety of activities incorporating a range of skills focused on core principles such as coordination, balance, speed, strength, agility and power. To help manage numbers this is an invite only activity and the member of staff in charge will communicate details at the start of each term.

Rugbytots*

Reception

A popular activity, run by an external provider, Rugbytots. Spaces are limited. This may mean that the children may need to be split into smaller groups and will therefore have half a term of sessions. This will be confirmed once places are allocated.



Scuffle Singers

I2

Pupils have fun learning and performing a variety of songs. Performances are held over the course of the year, a highlight being during the annual Pet Service in our Chapel on the Warwick Road campus.

Stretch and Yoga

I2

A space for mindfulness, relaxation and calm. Pupils will learn some basic stretches and yoga whilst enjoying some quiet time.

Swimming (Summer Term)

I2

Those pupils who have performed strongly in I2 swimming over the year will be invited to this session. It is preparation for potential Swim Squad membership in J1.

Tennis and Racquet Skills*

I1 & I2

Provided by A Star Tennis, a club for pupils to develop their tennis and request skills.



ALICE HOUSE
Reception, I1 and I2
**Clubs and
Activities**





JUNIOR J1-J4 Clubs and Activities

music

Brass Band

J1, J2, J3, J4

Pupils learning a brass instrument are invited to join the Brass Band to work towards performances in concerts and to learn valuable music-making skills through playing in an ensemble. *Please discuss membership of Brass Band with your instrumental teacher.*

Chamber Music

J1, J2, J3, J4

By invitation, pupils are given the opportunity to learn chamber music skills working in small groups of more advanced musicians where each player holds their musical part on their own. Examples of chamber groups include piano duets, piano trios and string quartets.

Chapel Choir

J3 & J4

An auditioned choir for keen singers who will work with choristers from the Senior School to prepare music for Sunday Chapel Services as well as for the renowned Christmas Carol Services. There is also usually a trip once a year to a major English cathedral to sing at a Service of Evensong there. *Further details regarding this will be communicated by the Music Department.*

Clarinet Ensemble

J1, J2, J3, J4

All pupils who are learning clarinet will be invited to join this group to learn ensemble playing skills and to work towards concerts and performances.

Flute Choir

J1, J2, J3, J4

Pupils learning to play the flute will be given the opportunity to join the Flute Choir where they will work together towards concert performances and learn valuable musical skills.



JUNIOR J1-J4 Clubs and Activities

music

Guitar Ensemble

J1, J2, J3, J4

Pupils learning acoustic guitar are encouraged to join the Guitar Ensemble to work towards performances in concerts and to learn valuable music-making skills through playing in an ensemble. *Please discuss joining Guitar Ensemble with your instrumental teacher.*

Junior Singers

J1, J2, J3, J4

Pupils begin to develop their aural skills and musicality, building on the experiences of Scuffle Singers in Alice House. This activity is open to all those who wish to attend. Those pupils in J3 and J4 who opt to join Junior Singers will also have the exciting opportunity of performing in the national 'Young Voices' event at the Resorts World Arena.

Music Aural Training

J1, J2, J3, J4

Pupils working towards grades 5-8 on a musical instrument will be encouraged to attend Aural Training, in particular to help with exam preparation.

Music Theory

J1, J2, J3, J4

Pupils will be encouraged to join Music Theory Club by their instrumental teacher at appropriate times in their learning. Commonly this is to work towards Grade 5 level theory.

Samba Band

J1, J2, J3, J4

All pupils who play percussion or have an interest in percussion are welcome to join Samba Band - it is a very inclusive group. With great beats and up-tempo scores, it is a musical feast for the ears!

String Orchestra

J1, J2, J3, J4

Pupils learning one of the orchestral string instruments are encouraged to join the String Orchestra to work towards performances in concerts and to learn valuable music-making skills through playing in an ensemble. *Please discuss joining String Orchestra with your instrumental teacher.*



Wind Band

J1, J2, J3, J4

Pupils learning a woodwind or brass instrument are encouraged to join the Wind Band to work towards performances in concerts and to learn valuable music-making skills through playing in an ensemble. *Please discuss membership of Wind Band with your instrumental teacher.*



JUNIOR J1-J4 Clubs and Activities

arts & drama

Ace

J4

An artistic, creative club for pupils to take part in and experience a variety of arts and craft activities.

Arts and Crafts

J1

Pupils enjoy the opportunity to explore the use of different mediums and techniques within a structured and creative environment.

Dance*

J1 - J4

Dance is offered by an external specialist at an additional cost. Pupils will have the opportunity to develop fundamental movement skills and explore different styles of dance from Modern, to Jazz and Ballet.

Knitting and Crochet

J1 & J2

Run by Reverend Rachel Hill-Brown, this is a chance for pupils to catch up and relax, whilst developing some key needlework skills. A popular activity!

Performing Arts

J1, J2, J3, J4

Pupils have the chance to take part in a number of disciplines such as acting, dance and musical theatre. These encourage both independent and group work and help pupils to develop creativity, teach language and communication skills and to help them interact effectively and more confidently. Pupils have the opportunity to experience putting together a production from start to finish, including developing an understanding of stage management, lighting, sound, props and costume.





Photography

J4

A creative environment for pupils to explore, recognise and capture great images. Pupils learn the basics of how to take a good shot and refine their photographic skills.

Theatre Design

J4

Pupils with an interest in the art and technique of designing and building theatre space for drama performances have the opportunity to explore what is involved in the 'behind the scenes' aspects.



JUNIOR J1-J4 Clubs and Activities

Sports

Athletics (Summer Term)

J1, J2, J3, J4

Pupils are encouraged to try all types of distances. They are also given opportunities to take part in the Biathlon and Cross Country events.

Canoeing* (Summer Term)

J4

An activity where J4 pupils enjoy a two week introduction to canoeing in a session run by the local Solihull Canoe Club based at the canal at Catherine de Barnes.

Cricket (Summer Term)

J1, J2, J3, J4

Pupils are given the opportunity to develop their cricketing skills from batting, to catching and fielding.

Cross Country and Running

J1, J2, J3, J4

Pupils can take part in regular aerobic training in and around our beautiful school grounds. All abilities are catered for with the focus on having fun, being outdoors and active.

Emerging Swimmers

J1, J2, J3, J4

An invitation only activity where staff help guide pupils who may need a little additional time in the pool. An important part of our swimming provision, supporting our aim to encourage all pupils in the pool, and to develop physical literacy in the water.



JUNIOR J1-J4 Clubs and Activities

sports

Football

J1, J2, J3, J4

Pupils can develop the underlying skills and techniques of the game and apply these in competition. House and inter-school fixtures will be undertaken. The club is open to all pupils wishing to attend.

Gymnastics Squad*

J1, J2, J3, J4

A specialist external gymnastics coach provides training at an additional cost for pupils wishing to develop in this principle.

Hockey

J1, J2, J3, J4

Pupils will learn the core skills of hockey and apply them in game-based situations. The school offers the opportunity for all pupils to participate should they wish. Inter-school fixtures will also take place. Specialist coaching is offered through teaching staff and sports coaches.

Netball

J1, J2, J3, J4

Pupils learn and develop the fundamental skills of the game and apply them in competitive situations. This club is open to all pupils. Children also have the opportunity to participate in House competitions and inter-school fixtures.

Rounders (Summer Term)

J3 & J4

Pupils are given the opportunity to develop their rounders skills from batting, to catching and fielding.

Rugby

J3 & J4

Pupils begin to develop and build on the skills from Tag Rugby in previous years. The introduction of safe contact and tackling begins. Pupils have the opportunity to take part in House and inter-school fixtures.



JUNIOR J1-J4 Clubs and Activities

sports

Self-Defence*

J2 & J3

Pupils are taught how to keep fit and healthy through an introduction to basic self-defence moves and techniques. This is delivered through an external provider and is at an additional cost.

Ski Team*

All

Focusing on dry slope training, with the aim to compete in the National ESSKIA competitions. Training activities are held with selection for the school team taking place after this. Sessions are aimed currently at experienced skiers, but the school has strong links with the Midlands Ski Club where pupils are encouraged to gain further experience should they wish.

Details regarding sessions, transport and additional charges for this activity will be communicated by relevant staff.

Swim Club

J1, J2, J3, J4

Pupils build on the learning undertaken in lessons to develop their stroke technique and confidence in the water. This club is open to all members of the school who are not involved in Swim Squad training. This is always a very popular club so pupils may well attend on a termly rotation to ensure all have an opportunity to participate. Those who are invited to attend Swim Squad will not be able to attend Swim Club in order to help give all pupils a chance to take part over the course of the year.



Swim Squad

J1, J2, J3, J4

Pupils are invited to attend based on performance in lessons. They continue to develop their technique in the four strokes as well as starts and turns in preparation for competition and galas.

Tag Rugby

J1 & J2

A non-contact introduction to the game of rugby where pupils will learn the fundamental skills and begin to apply them in competitive play.

Tennis*

J1, J2, J3, J4

Pupils who have an interest in tennis have the opportunity to further their skills, playing matches with friends and for fun. This is always a popular club, and pupils can expect an enjoyable session very much focused on participation. Although mostly a Summer Term sport, it is offered to J1 and J2 in the Christmas Term too.



JUNIOR J1-J4 Clubs and Activities

other



Chess*

J1, J2, J3, J4

Chess is offered by an external provider at an additional cost. Pupils develop new techniques and strategies and put these to the test against peers. Numbers are limited, so termly rotations may be implemented in order to ensure all those who wish to take part are able to over the course of the year.

Coding

J4

These sessions allow pupils to use and explore some of the coding programmes used in curriculum time a little further. An opportunity to use programmes like Scratch and more!

Computer

J4

This provides an opportunity for pupils to work on developing their IT and computing skills, including coding and design. A really great way for children to gain confidence and skills in this area.



Craft and Cookery

J3

An opportunity to cook and create! Pupils are able to develop their understanding of aspects of cooking and also crafting.

Debating

J4

Debating offers an opportunity for pupils to work independently and collaboratively to formulate and deliver ideas and extended explanations. Our Sixth Form students help mentor and train pupils in the key principles of debate. *This club is by invitation only.*



JUNIOR J1-J4 Clubs and Activities

other



Eco Council

J1, J2, J3, J4

The Eco Council offers an ideal opportunity for pupils to get more involved with how the school is run and to help it to be more environmentally friendly.

The council benefits the whole Preparatory School as it provides opportunities for pupils to express their thoughts and feelings, as well as influence decisions being made. Skills such as confidence, communication and negotiation are at the forefront of the club. This is an activity that pupils elect representatives from their form groups to attend, so it is therefore not on SOCS for general sign up.

Forest School

J1, J2 & J3

Through outdoor play and structured activities pupils will begin to explore all that the great outdoors has to offer. Run by our trained Forest School staff it provides a great opportunity to learn new skills and build pupil's confidence with and knowledge of the natural world.

Gardening

J1

Pupils join this fun club and help with all gardening matters. The school is aiming to become part of the Eco Schools' group and pupils are encouraged to be eco-friendly in their approach.



History

J4

This is a lunchtime club where pupils explore aspects of history outside of their curriculum. It is a great activity for the historical enthusiast!

International Schools Committee

J1 - J4

Fortnightly meetings take place where pupils explore international issues and our links with other schools across the world. Work with Senior School representatives will progress through the year and pupils will have the opportunity to take part in developing our international school links. This is an invite only activity where form group representatives will have the opportunity to attend.



JUNIOR J1-J4 Clubs and Activities

Other

Lego and Coding

J2

With a focus on developing pupil's computing skills and IT literacy, this club provides an opportunity to get to grips with some fun and challenging activities through the use of Lego and coding programmes. This is a popular club and a termly rotation may be used to ensure all pupils are able to be involved.

Maths Puzzle

J2

Problem-solving activities and mathematical tasks form the basis of this club, with pupils enjoying the challenge and a chance to further develop their skills outside of the classroom in this area.

Mindfulness

J4

Mindfulness provides an opportunity for pupils to stop, reflect and learn some different mindful practices. Once they learn more about their thinking and how to become more mindful, they will start to notice and seek out the things that make them even happier each day. *All welcome!*

Puzzle

J3

Puzzling and mathematical problems are the key activities here. Pupils learn to develop their skills and problem solving techniques through fun and challenging puzzle activities.

Reading and Biscuit

J3

Pupils have the opportunity to read independently and/or with support, as well as discuss themes within the book to develop and encourage understanding and enjoy a biscuit or two in the process!



JUNIOR J1-J4 Clubs and Activities

Other

Roots and Shoots

J2

A chance to grow things and enjoy the mindful and creative processes involved in gardening.

School Council

J1, J2, J3, J4

Pupils are voted on to the School Council by their peers, so it does not therefore appear on SOCS for sign up. The role of School Council rep then involves planning, organising and monitoring small projects to improve day-to-day life at school. Pupils are able to voice their opinions to members of the School Council who then present these ideas and findings to the teacher. New initiatives can be implemented as a result of their actions. Pupils develop their negotiation, problem-solving and communication skills. School Council will be introduced to the pupils at the start of term.

Science

J4

A session dedicated to exploring scientific ideas and concepts. Some great extension work and experiments planned!

Spanish

J3 & J4

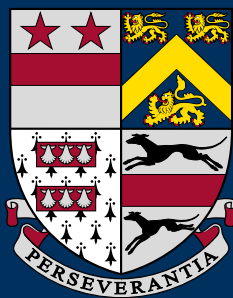
Pupils can explore and extend their knowledge of Spanish language and culture through a variety of activities. Conversational skills and vocabulary are introduced that build on the content from lessons.

STEAM

J1

Based on the areas of Science, Technology, Engineering, Arts and Mathematics, pupils have the opportunity to be creative in these disciplines. Experiments, investigations, model making and projects are involved!





SOLIHULL



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