



# SOLIHULL

## Breakfast Menu

### Everyday Items

#### Hot Counter

Local pork sausages, grilled bacon, hash browns, mushrooms, toast with butter, eggs of the day.

#### Cereal Bar

Selection of high fibre and natural grain cereal with whole or semi skimmed milk.

#### Fruit and Yoghurt Bar

Orange segments, diced pineapple, mixed grapes, duo of melons, natural yoghurt.

#### Porridge Bar

Plain or sweetened porridge, maple syrup, fruit compote, pineapple, pumpkin and linseed salad.

#### Light Bites

Orange or apple juice, fresh fruit smoothies, fresh fruit salad, yoghurt pots.