



# SOLIHULL

## Week 1 Weekly Lunch Menu

### Monday

Seasonal soup  
Roasted squash & carrot  
Served with homemade bread

Dish of the day  
New York style hot dog, sauces & pickles

Vegetarian option  
Spiced roast vegetable burrito

Halal option  
Cajun chicken rolled burrito

Sides  
Cowboy beans  
Sweetcorn cob  
Baked dirty wedges

Dessert of the day  
Baked vanilla New York cheesecake & berries

### Tuesday

Seasonal soup  
Cream of sweetcorn  
Served with homemade bread

Dish of the day  
Chicken tikka curry, naan, poppadum & rice

Vegetarian option  
Cauliflower, broccoli, leek & smoked cheddar bake

Halal option  
Herby beef meatballs, tomato sauce & pasta

Sides  
Green beans  
Sweetcorn  
Potatoes & spinach

Dessert of the day  
Fruity sponge trifle

### Wednesday

Seasonal soup  
Tomato & basil  
Served with homemade bread

Dish of the day  
Rosemary roasted chicken breast & sage stuffing

Vegetarian option  
Tofu & chickpea curry with spring green rice

Halal option  
Minced lamb moussaka

Sides  
Sliced carrots  
Cabbage, leeks & peas  
Crispy roast potatoes

Dessert of the day  
Apple & raisin cake

### Thursday

Seasonal soup  
Roasted vegetable  
Served with homemade bread

Dish of the day  
Mexican beef chilli with flour tortilla chips & rice

Vegetarian option  
Mixed bean & vegetable chili & rice

Halal option  
Tomato & herb mascarpone chicken & pasta bake

Sides  
Baby corn & greens  
Broccoli & cauliflower  
Herb baked new potatoes

Dessert of the day  
Salted caramel & chocolate brownie

### Friday

Seasonal soup  
Cauliflower & broccoli  
Served with homemade bread

Dish of the day  
'Solihull' southern fried buttermilk chicken & garlic mayo

Vegetarian option  
Roast squash, sweet potato & feta cannelloni

Halal option  
Crispy battered fish with lemon tartare sauce  
Grilled fish of the day

Sides  
Garden peas  
Mushy peas  
Chip shop chips

Dessert of the day  
Sweet treat Friday

### Everyday items

Jacket or sweet potatoes with baked beans  
Seasonal pasta & salad bar with fresh composed salads  
Selection of traybakes, sundaes, fresh fruit, biscuits and cakes



# SOLIHULL

## Week 2 Weekly Lunch Menu

### Monday

Seasonal soup  
Cream of tomato  
Served with homemade bread

Dish of the day  
Grilled chicken Caesar burger

Vegetarian option  
Roasted flat mushroom, spinach & cheddar burger

Halal option  
Classic fish finger & ketchup bap

Sides  
Smokey BBQ mixed beans  
Peas  
Seasoned fries

Dessert of the day  
Rainbow cake

### Tuesday

Seasonal soup  
Sweet potato & rosemary  
Served with homemade bread

Dish of the day  
Traditional beef lasagna

Vegetarian option  
Roasted vegetable lasagna

Halal option  
Katsu chicken kebab & pitta

Sides  
Roasted Mediterranean vegetables  
Green beans  
Buttered potatoes

Dessert of the day  
Double chocolate tart

### Wednesday

Seasonal soup  
Roasted vegetable  
Served with homemade bread

Dish of the day  
Slow braised beef steak & mushrooms

Vegetarian option  
Spring roll with broccoli & spring onion fried rice

Halal option  
Pulled BBQ chicken mac n' cheese

Sides  
Baked cauliflower gratin  
Cabbage & leeks  
Bubble & squeak

Dessert of the day  
Raspberry & apple crumble cake

### Thursday

Seasonal soup  
Leek & potato  
Served with homemade bread

Dish of the day  
Slow braised Lebanese pork  
khobez wrap, lemon slaw

Vegetarian option  
Onion bhaji & mint yogurt khobez wrap

Halal option  
Turkey, leek & brie pie

Sides  
Chunky carrots  
Corn cob  
Fruity spiced couscous

Dessert of the day  
Layered strawberry shortbread

### Friday

Seasonal soup  
Broccoli & cheddar  
Served with homemade bread

Dish of the day  
Pan fried gammon chop with roasted pineapple & tomato

Vegetarian option  
Lemon & herb battered halloumi

Halal option  
Crispy battered fish with lemon tartare sauce  
Grilled fish of the day

Sides  
Peas  
Mushy peas  
Chip shop chips

Dessert of the day  
Sweet treat Friday

### Everyday items

Jacket or sweet potatoes with baked beans  
Seasonal pasta & salad bar with fresh composed salads  
Selection of traybakes, sundaes, fresh fruit, biscuits and cakes



# SOLIHULL

Week 3

# Weekly Lunch Menu

## Monday

Seasonal soup  
Cream of tomato  
Served with homemade bread

Dish of the day  
Bacon carbonara pasta bake

Vegetarian option  
Mixed bean burger

Halal option  
Hunters chicken (BBQ sauce & cheddar)

Sides  
Sweetcorn  
Peas  
Chili, lemon & oregano sautéed potatoes

Dessert of the day  
Lemon drizzle slice

## Tuesday

Seasonal soup  
Chili & corn  
Served with homemade bread

Dish of the day  
Butchers pork sausages

Vegetarian option  
Rosemary & red onion sausages

Halal option  
Baked Cajun cod burrito

Sides  
Broccoli & cauliflower  
Baked beans  
French fries

Dessert of the day  
Mixed berry Solihull mess

## Wednesday

Seasonal soup  
Leek & potato  
Served with homemade bread

Dish of the day  
Grilled pork shoulder steak, onion stuffing & crackling

Vegetarian option  
Vegetable ramen noodle pots

Halal option  
Spring lamb & mint burger

Sides  
Chunky carrots  
Cabbage & leeks  
Crispy roast potatoes

Dessert of the day  
Chocolate & jam mini donuts

## Thursday

Seasonal soup  
Autumn vegetable  
Served with homemade bread

Dish of the day  
Pepperoni & mozzarella pizza

Vegetarian option  
Mushroom, mozzarella & red onion pizza

Halal option  
Baked lemon & oregano boneless chicken leg

Sides  
Roasted Mediterranean vegetables  
Corn cob  
Baked parmesan & herb potatoes

Dessert of the day  
Chocolate tiramisu

## Friday

Seasonal soup  
Parsnip & carrot  
Served with homemade bread

Dish of the day  
Mexican chicken & pork tortilla bake

Vegetarian option  
Vegetable Balti pie

Halal option  
Crispy battered fish with lemon tartare sauce  
Grilled fish of the day

Sides  
Garden peas  
Mushy peas  
Chip shop chips

Dessert of the day  
Sweet treat Friday

## Everyday items

Jacket or sweet potatoes with baked beans  
Seasonal pasta & salad bar with fresh composed salads  
Selection of traybakes, sundaes, fresh fruit, biscuits and cakes