



SOLIHULL

Week 1 Weekly Lunch Menu

Monday

Main Course

Classic beef burger in a bun

Vegetarian Option

Autumn vegetables coated in Golden breadcrumbs in a bun

Sides

Corn on the cob
Fries

Dessert

Chocolate brownie

Tuesday

Main Course

Chicken Jambalaya

Vegetarian Option

Spinach, sweet potato & lentil casserole with rice

Sides

Peas & Sweetcorn
Herb potatoes

Dessert

Carrot cake

Wednesday

Main Course

Slow cooked pork sausages, sage & onion stuffing & gravy

Vegetarian option

Roast squash, sweet potato, spinach & feta cannelloni

Sides

Cabbage, leeks & peas
Roast potatoes

Dessert

Cookies

Thursday

Main Course

Mexican beef chilli with rice

Vegetarian option

Mexican bean & vegetable chilli with rice

Sides

Carrots
Buttered new potatoes

Dessert

Lemon drizzle

Friday

Main Course

Battered fish

Vegetarian option

Lemon & herb battered halloumi

Sides

Mushy & garden peas
Chips

Dessert

Sweet treat Friday



SOLIHULL

Week 2

Weekly Lunch Menu

Monday

Main Course

Beef meatballs & pasta in a tomato sauce

Vegetarian Option

Roasted red pepper, basil & Parmesan pasta

Sides

Green beans & broccoli
Roasted new potatoes

Dessert

Ginger & orange pudding

Tuesday

Main Course

Butchers pork sausages

Vegetarian Option

Rosemary & red onion sausages

Sides

Baked beans
Mashed potatoes

Dessert

Doughnuts

Wednesday

Main Course

Roast chicken breast,
sage & onion stuffing & gravy

Vegetarian option

Roast butternut squash
& sage risotto

Sides

Roasted vegetables
Roast potatoes

Dessert

Raspberry & chocolate slice

Thursday

Main Course

Traditional beef lasagne

Vegetarian option

Roasted vegetable lasagne

Sides

Ratatouille
Herb buttered new potatoes

Dessert

Banana loaf

Friday

Main Course

Battered fish

Vegetarian option

Lemon & herb battered halloumi

Sides

Mushy & garden peas
Chips

Dessert

Sweet treat Friday



SOLIHULL

Week 3

Weekly Lunch Menu

Monday

Main Course

Southern fried buttermilk chicken

Vegetarian Option

Cauliflower & leek pasta bake

Sides

Baby corn & peas
Sauteed potatoes

Dessert

Beetroot & chocolate sponge

Tuesday

Main Course

Parmesan crusted shepherd's pie

Vegetarian Option

Roast vegetable egg fried rice

Sides

Baked beans
Baked potato wedges

Dessert

Apple bake

Wednesday

Main Course

Slow braised beef steak

Vegetarian option

Vegetable ramen noodle

Sides

Cabbage, leeks & peas
Roast potatoes

Dessert

Flapjacks

Thursday

Main Course

Hand-stretched pepperoni &
mozzarella pizza

Vegetarian option

Hand-stretched mozzarella &
tomato pizza

Sides

Broccoli & cauliflower gratin
Lemon & oregano new potatoes

Dessert

Sticky toffee

Friday

Main Course

Battered fish

Vegetarian option

Lemon & herb battered halloumi

Sides

Mushy & garden peas
Chips

Dessert

Sweet treat Friday